

Alaska **WEIGHT MANAGEMENT
& DIABETES COUNSELING**

642 South Alaska Street, Suite 101, Palmer, AK 99645
(907) 707-1137 Fax: (907) 312-7700



Nutrition Referral Form

Patient Name: _____ **DOB:** _____

Phone: _____ **e-Mail:** _____

Diagnosis:

- Obesity (Covered at 100% under ACA compliant private insurance plans.)
- Diabetes
- Gestational Diabetes
- Other: _____

Order:

Medical Nutrition Therapy is ordered for the diagnosis(es) listed.

Provider Signature: _____ **Date:** _____

Insurance Type	Weight Management (BMI over 30)	Prediabetes Coverage	Diabetes Coverage
Premera Blue Cross	Always 100%	Yes	Yes
Blue Cross Federal	Always 100% (For BMI Over 25)	Always 100%	Always 100%
EBMS	Always 100%	Yes	Yes
Aetna	Often 100%	Variable	Yes
Medicaid	No *	No *	No **
Medicare	No *	No *	100% (2hours/year)
TriCare	Services on Base Only	Services on Base Only	Services on Base Only
Others	Often 100%	Often 100%	Yes

* No Benefits Available: We suggest "Take Off Pounds Sensibly" (TOPS) as a sound low cost weight management alternative.

** MatSu Regional Hospital Diabetes Education provides dietitian services to Medicaid recipients with a diagnosis of diabetes.

Office Staff Instructions:

To Assure Quality Care and Enable Insurance Billing Please Fax this form (or an electronic alternative) with the following:

- Recent Medical Note (or list of all relevant diagnoses, medications, vital signs, etc.)
- Insurance billing information & demographics
- Relevant labs

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